

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in Fukushima Prefecture)

As of 9 Dec 2011

		Restriction of distribution Fukushima prefecture	
		whole area	Individual areas
raw milk		<i>3/21~ (excluding areas listed on the right cells)</i>	3/21~4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Azumisato-machi, Shimogo-machi, Minamiaizu-machi
			3/21~4/16 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding miyajoki area), Miharumachi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi
non-head type leafy vegetables, e.g. spinach, komatsuna	spinach, kakina	<i>3/21~ (excluding areas listed on the right cells)</i>	3/21~4/21 Soma-shi, Shinchi-machi
	all the other		3/21~5/1 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area)
head type leafy vegetables, e.g. cabbage		<i>3/23~ (excluding areas listed on the right cells)</i>	3/21~6/8 Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawachi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
			3/21~10/7 Aizuwakamatsu-shi, Kori-machi, Tenei-mura, Hinoemata-mura, Tadami-machi, Kitashiobara-mura, Nishiaizu-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Kanayama-machi, Showa-mura, Tanagura-machi, Tamakawa-mura, Hirono-machi, Naraha-machi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
flowerhead brassicas, e.g. broccoli, cauliflower		<i>3/23~ (excluding areas listed on the right cells)</i>	3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
			3/21~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Azumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
turnip		<i>3/23~ (excluding areas listed on the right cells)</i>	3/21~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
			3/21~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
log-grown shiitake (grown outdoor)		-	3/21~11/4 Hirono-machi, Kawachi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
			3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
log-grown shiitake (hothouse cultivation)		-	3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
			3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Azumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
log-grown pholiota nameko		-	3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
			3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
wild mushroom		-	3/23~10/28 Hirono-machi, Kawachi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
			3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura
bamboo shoot		-	3/23~5/4 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
			3/23~5/18 Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Azumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
ostrich fern		-	3/23~6/23 Shiro-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
			3/23~11/4 Hirono-machi, Kawachi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
ume		-	4/13~4/25 Iwaki-shi
			4/13~4/25 Motomiya-shi
yuzu		-	4/13~5/16 Shiro-machi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
			4/13~5/23 Kawachi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
chestnut		-	10/18~ Nihonmatsu-shi
			1/19~ Date-shi
kiwi fruit		-	7/19~ Shinchi-machi
			7/19~9/7 Motomiya-shi
Grain	Rice (produced in 2011)	-	11/14~ Kawamata-machi
			10/21~ Soma-shi, Iwaki-shi
sand lance (juvenile)	-	4/20~	8/8~ Tanagura-machi, Furudono-machi (limited to wild mushroom belonging to mycorrhizal fungi)
			8/8~ Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Soma-shi, Minamisoma-shi, Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Kawachi-mura, Katsurao-mura, Ritate-mura
cherry salmon yamame (excluding farmed fish)	-	-	10/16~ Kitakata-shi
			5/9~ Date-shi, Soma-shi, Minamisoma-shi
japanese dace	-	-	5/13~ Minamisoma-shi, Motomiya-shi, Kori-machi, Kawamata-machi, Nishigo-mura
			5/9~5/30 Hirata-mura
ayu (excluding farmed fish)	-	-	5/9~6/8 Iwaki-shi
			5/9~6/21 Tenei-mura
beef	-	7/18~ (8/25~: Excluding cattle which are managed based on alignment and inspection policy set by Fukushima prefecture)	5/13~6/21 Kunimi-machi
			8/9~ Fukushima-shi, Kori-machi
boar meat	-	-	6/2~ Fukushima-shi, Date-shi, Kori-machi
			6/6~ Soma-shi, Minamisoma-shi
bear meat	-	-	8/29~ Fukushima-shi, Minamisoma-shi
			10/14~ Date-shi, Kori-machi
meat/egg	-	-	9/20~ Date-shi, Minamisoma-shi
			12/9~ Soma-shi, Minamisoma-shi
fishery product	-	-	11/17~ Fukushima-shi (limiting former Oguni-mura area)
			11/28~ Date-shi (limiting former Oguni-mura and former Tsukidate-machi area)
fishery product	-	-	12/5~ Fukushima-shi (limiting former Fukushima-shi area)
			12/8~ Nihonmatsu-shi (limiting former Shibukawa-mura area)
fishery product	-	-	12/9~ Date-shi (limiting former Hashizawa-mura and former Tomiura-mura area)
			8/9~ Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Negase River (limiting upper reaches from the junction with Su River), Abukuma River (including its branches but limiting inside Fukushima prefecture)
fishery product	-	-	6/17~ Meno River (including its branches)
			6/17~ Meno River (including its branches)
fishery product	-	-	6/27~ Abukuma River (limiting lower reaches from Shinobu Dam but including its branches)
			6/27~ Abukuma River (limiting lower reaches from Shinobu Dam but including its branches), Meno River (including its branches), Mide River (including its branches)

* Instructions still imposed are expressed in italic type.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in prefectures other than Fukushima Prefecture)

As of 9 Dec 2011

			Restriction of distribution													
			Ibaraki prefecture		Tochigi prefecture		Gunma prefecture		Chiba prefecture		Kanagawa prefecture		Miyagi prefecture		Iwate prefecture	
			whole area	individual areas	whole area	individual areas	whole area	individual areas	whole area	individual areas	whole area	individual areas	whole area	individual areas	whole area	individual areas
raw milk			3/23~4/10		-	-	-	-	-	-	-	-	-	-	-	
vegetable	non-head type leafy vegetables, e.g. spinach, komatsuna	spinach	3/21~4/17 <i>excluding areas listed on the right</i>	3/21~6/1 Kitaibaraki-shi, Takahagi-shi	3/21~4/27	3/21~4/21 Nasushiobara-shi, Shioya-machi	3/21~4/8	-	4/4~4/22 Asahi-shi, Katori-shi, Tako-machi	-	-	-	-	-	-	
		kakina	3/21~4/17	-	3/21~4/14	-	3/21~4/8	-	-	-	-	-	-	-	-	
	garland chrysanthemum, qing-geng-cai, sanchu asian lettuce	-	-	-	-	-	-	4/4~4/22 Asahi-shi	-	-	-	-	-	-	-	
	parsley	3/23~4/17	-	-	-	-	-	4/4~4/22 Asahi-shi	-	-	-	-	-	-	-	
	celery	-	-	-	-	-	-	4/4~4/22 Asahi-shi	-	-	-	-	-	-	-	
	log-grown shiitake (outdoor)	-	10/14~ Tochikura-shi, Namegata-shi, Hokota-shi, Omitama-shi 11/10~ Ibaraki-machi, Ami-machi	-	-	-	-	10/11~ Abiko-shi, Kimitsu-shi 11/18~ Nagarayama-shi	-	-	-	-	-	-	-	
	log-grown shiitake (hothouse cultivation)	-	10/14~ Tochikura-shi, Hokota-shi 11/10~ Ibaraki-machi	-	-	-	-	-	-	-	-	-	-	-	-	
	log-grown brick cap (outdoor)	-	-	-	11/7~ Kanuma-shi, Yaita-shi 11/8~ Otsuwa-shi, Nasushiobara-shi 11/14~ Ashikaga-shi, Sano-shi, Moka-shi, Sakura-shi, Nasukarasuyama-shi, Kaminokawa-machi, Mogi-machi, Ichikai-machi, Haga-machi, Takanezawa-machi	-	-	-	-	-	-	-	-	-	-	-
	log-grown pholiota nameko	-	-	-	11/14~ Nasushiobara-shi, Nikko-shi	-	-	-	-	-	-	-	-	-	-	-
	meat	beef	-	-	8/2~ <i>(8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Tochigi prefecture)</i>	-	-	-	-	-	-	-	7/28~ <i>(8/19~: Excluding cattle which are managed based on shipment and inspection policy set by Miyagi prefecture)</i>	-	8/1~ <i>(8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Iwate prefecture)</i>	
boar meat		12/2~	-	12/2~ <i>(12/5~: Excluding boar meat which are managed based on shipment and inspection policy set by Tochigi prefecture)</i>	-	-	-	-	-	-	-	-	-	-	-	
deer meat		-	-	12/2~	-	-	-	-	-	-	-	-	-	-	-	
others	tea leaf	6/2~ <i>(excluding areas listed on the right cell)</i>	6/2~10/18 Koga-shi, Joso-shi, Bando-shi, Yachiyo-shi, Sakai-machi	-	6/2~ Kanuma-shi, Otsuwa-shi 7/8~ Tochigi-shi	-	6/30~ Shibukawa-shi, Kiryu-shi	-	6/2~ Noda-shi, Nerita-shi, Yachimata-shi, Tomisato-shi, Sannmu-shi 7/4~ Katsuragi-shi 6/2~9/7 Ooamishirasato-machi	-	6/2~ Yuzawara-machi 6/2~8/29 Minamishigara-shi 6/23~9/12 Matsuda-machi, Yamakita-machi 6/2~10/14 Aikawa-machi, Kivokawa-mura 6/23~10/26 Sagamihara-shi 6/27~10/26 Nakai-machi 6/2~11/1 Odawara-shi 6/2~11/10 Manazuru-machi	-	-	-	-	
		-	-	-	-	-	-	-	-	-	-	-	-	-	-	

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The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of consumption in Fukushima Prefecture)

As of 9 Dec 2011

		Restriction of consumption	
		Fukushima prefecture	
		whole area	individual areas
vegetable	non-head type leafy vegetables, e.g. spinach, komatsuna	3/23~ <i>(excluding areas listed on the right cell)</i>	3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura
			3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
			3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
			3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
			3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
			3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
			3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
			3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
			3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
			3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
vegetable	head type leafy vegetables, e.g. cabbage	3/23~ <i>(excluding areas listed on the right cell)</i>	3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
			3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura
			3/23~5/4 Iwaki-shi
			3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi
			3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
			3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura
			3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
			4/13~ <i>litate-mura</i>
			9/6~ <i>Tanagura-machi (limited to wild mushroom belonging to mycorrhizal fungi)</i>
			9/15~ <i>Iwaki-shi, Tanagura-machi</i>
fishery product	sand lance (juvenile)	4/20~	9/20~ <i>Minamisoma-shi</i>
			-
meat	boar meat	-	11/9~ <i>Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, litate-mura</i>
			11/25~ <i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura</i>

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